

List of EEC Education and Training Modules

- Informing about long term care options
- Long term vs. nursing homes
- Continuum of care (case studies)
- Paying for long term care
 - Medicare and Medicaid Sessions
 - Cheat sheet – Medicare and Medicaid
- Quality
- Long Term Care Options
 - Assisted Living Facilities
 - Nursing Homes
 - Respite
 - Adult Day
 - Home and Community Based Care
 - Quality Assessment
- Assessing Needs
 - ADLs
 - IADLs
 - Emotional, social, spiritual wellness
- Mental/Cognitive Health
- Navigating the System
- Medicare and Medicaid
- Major Organizations and What They Provide
 - Associations
 - AAA
 - OAA
 - SUA
- Financial and Legal
- End of Life Planning
 - Advanced Directives
 - Palliative Care
 - Death and Dying
 - Bereavement
- Facilitating Local Access to Quality Services and Benefits
- Internet Searching
 - Home/nursing home/assisted living checklist
- Demographics: Men as Caregivers
- Taking Care of Yourself: What Caregivers Need to Know
- Psychological Aspects and Implications of Caregiving
- Financial Planning/ Insurance
- Legal: Advanced Directives/End of Life and Palliative Care
- Challenges for Employed Caregivers
- Medical Health
- Free Services
- Alternative Health
- Retirement
- The Caregiver as Employee
- When Coworkers are Caregivers
- Being the Best Advocate you can be
- Nutrition

- Cognitive Aging
- Physiological Aging
- Alzheimer's and dementia
- LTC Options
- Paying for LTC
- Medicaid and Medicare
- End of Life Planning and related issues
- The Aging Network
- Family Dynamics; Navigating the Emotional Terrain
- Sexuality and Aging
- Home and Community Based Options
- Pet Therapy
- Driving
- Using the internet to find resources and options
- Retirement
- Generativity
- Grandparent /Intergenerational Issues
- Creating Successful Aging Initiatives
- Elder Abuse and Self Neglect
- Special needs of care givers and receivers
- Widowhood
- Job Opportunities/Volunteer
- Mental Health; Cognition
- Physiological Changes
- Sexuality and Aging
- HIV/AIDS and Older Adults
- Eldercare: Whose issue is it?
- Caregiving Resources and Services