



**-SAMPLE-**  
**Care Constellation Recommendations**

**Client:**

Caregiver/s:  
Care recipient/s:

**Summary:**

A, who has diabetes and is a cancer survivor, is providing primary care for his wife, J, in Kentucky. N and his sister are coordinating care from Ohio and Michigan, respectively. J has a nurse and physical therapist in their home three times a week. She is currently going through chemotherapy and is predominantly bedridden. She has had frequent falls. They have Medicare and Anthem health care coverage. N and his sister are looking for an individual or organization to provide care within the home in addition to the services they are already receiving.

**Recommendations:**

**1. Contact agencies in the area that provide non-medical care:**

- Home Instead Senior Services  
Collette Hofelich, RN  
502-448-1511 or 1-866-311-1549 (regional office)  
[hofelich@worldnet.att.net](mailto:hofelich@worldnet.att.net)  
[www.homeinstead.com](http://www.homeinstead.com)

*Home Instead Senior Care provides non-medical services for older adults and their families. Assistance with companionship, medication reminders, personal care, housekeeping, meal preparation, laundry, shopping, errands, and transportation are available. Live-in or hourly service available. Their goal is stated to be to safely allow the older adult to remain in their homes. Caregivers are fully screened (felony background check and 6-8 references), trained, bonded, and insured. Call for FREE in-home assessment. Fees vary. I spoke with Tammy and she directed me to the office that provides care in the area, 502-515-9515. (Brochure to come)*



- **Kentuckiana Nursing Service**  
Personal Care Assistants  
Debbie Zellers, Administrator  
502-540-1482  
[kns@win.net](mailto:kns@win.net)  
[www.kynursing.com](http://www.kynursing.com)

*Kentuckiana Nursing Service provides care assistants (non-medical and certified nurses assistants). They offer in-home patient care (errands, bathing, dressing, light housekeeping), as well as personal care in hospitals and nursing homes. Caregivers are screened (felony background check), bonded, and insured. Fees vary.*

***I spoke with Carol (you could ask for her) or Kim who is the owner. (Brochure to come)***

- **Kentuckiana Regional Planning & Development Agency (KIPDA)**  
Homecare Program  
Melissa Bronger  
502-266-5571

*The Homecare program is provided through the division of aging services. They administer state-funded home care services for frail older adults, providing assessment and case management. Case managers determine clients' unmet needs and can order services from subcontractors which include housekeeping, home-delivered meals, chore assistance, respite care, escort, home health aides, and personal care. There is a waiting list for services (up to a couple of months) after the application process. Call for intake assessment. Fee schedule based on income.*

***I spoke with them and their waiting list is way to long.***

## **2. Other Home Health Agencies (provide medical care if needed):**

- **Caretenders**  
**4139 Cadillac Court, 40213**  
**502-238-5150**

*Provide medical (skilled nursing) and non-medical (home health aides) care. Caregivers are screened, bonded, and insured.*



- **Housecall Home Healthcare**  
**500 Executive Park Suite 512, 40207**  
**502-893-0356**

*Do not provide non-medical care; provide bathing needs and skilled nursing, as well as occupational therapy, physical therapy, and speech therapy. Caregivers are screened and insured (not bonded).*

- **Spectra Home Health Inc.**  
**500 South Hurstbourne Pkwy, 40222**  
**502-429-5500**

*Do not provide non-medical care; provide bathing needs and skilled nursing, as well as occupational therapy, and physical therapy. Caregivers are bonded and insured. (The woman I spoke to did not know if they did background checks, so I would check if you choose to use this service.)*

- **Visiting Nurses Association**  
**101 West Chestnut St., 40202**  
**502-584-2456**

*Provide medical (skilled nursing) and non-medical care (home health aides). Caregivers are screened. The woman on the phone said she was not aware of any insurance or bonding for their nurses and aides (I would ask again if you look into this service).*

### **3. Lifeline support service:**

- **Senior Citizens East, Inc.**  
Ann Cogswell, Home Services Manager  
502-896-2316

*Lifeline provides older adults with a help button in case of an emergency. Button is located on a wristband or pendant which the user wears; when pressed, the button connects the user to a Lifeline aide. Fees: \$50 for installation; \$40 monthly fee.*



#### **4. Home Delivered Meals (if/when necessary):**

- Senior Citizens East, Inc.  
Melaney Johnson, Nutrition Services Manager  
502-896-2316

*They provide home-delivered meals (hot or frozen) to older adults in your parents' area. Fees: \$135 monthly fee.*

#### **5. Transportation services (if/when necessary):**

- Senior Citizens, Inc.  
Ann Cogswell, Home Services Manager  
502-896-2316

*They provide transportation to older adults in your parents' area to doctor's appointments, the grocery store, and other necessary or recreational destination. Fees: Suggested donation of \$11-\$21.*

- American Cancer Society  
502-584-6782 or 1-800-227-2345

*This service is provided to cancer patients who are receiving treatment. The Road to Recovery and Transportation Grant provides transportation assistance for those cancer patients requiring treatment. This is a volunteer program awarded to hospitals and oncology centers who schedule transportation directly for patients receiving treatment.*

#### **6. Contact agencies that provide caregiver support groups and respite care in the community:**

- LifeSpan Resources, Inc.  
Family Caregiver Support  
Vicki Reed, Caregiver Support Coordinator  
812-948-8330 or 1-888-948-8330  
[vreed@lsr14.org](mailto:vreed@lsr14.org)

*LifeSpan provides information and assistance to caregivers who are seeking resources including support groups, respite care, and supplemental services.*



- Kentuckiana Regional Planning & Development Agency (KIPDA)  
Family Caregiver Support Program  
Ann Rudrauff, Family Caregiver Resource Planner  
502-266-6084  
[kipda@iglou.com](mailto:kipda@iglou.com)

*KIPDA Family Caregiver Support Program provides a variety of programs for family caregivers: support groups, education and training, counseling, respite, information and assistance. Call for eligibility and an assessment.*

#### **7. Louisville Free Public Library:**

- Homebound Service  
Helen Franklin, Library Assistant  
502-574-1603

*This service provides library services for homebound persons. Once a month, volunteers deliver library materials to homebound persons and accept requests for the next delivery. Library hours are Tuesday thru Thursday 9-3; feel free to leave a voicemail.*